* 4 goals
  + Dharma – appropriate living
  + Kama – delight of senses
  + Artha – material gain
  + Moksha – release from rebirth
* Tantra = beliefs, meditation and ritual that seeks to channel the divine energy of the Macrocosm in to the microcosm to attain liberation/Moksha
* Karma – Force determines quality of life
* Reincarnation – cycle to progress to higher plane
* Major gods
  + Brahma – single god that is present in all things, god of creation
  + Shiva – another aspect of the supreme god, the destroyer
  + Vishnu – preserver
  + Ganesha – god of good fortune
  + Kali – goddess of destruction