* 4 goals
	+ Dharma – appropriate living
	+ Kama – delight of senses
	+ Artha – material gain
	+ Moksha – release from rebirth
* Tantra = beliefs, meditation and ritual that seeks to channel the divine energy of the Macrocosm in to the microcosm to attain liberation/Moksha
* Karma – Force determines quality of life
* Reincarnation – cycle to progress to higher plane
* Major gods
	+ Brahma – single god that is present in all things, god of creation
	+ Shiva – another aspect of the supreme god, the destroyer
	+ Vishnu – preserver
	+ Ganesha – god of good fortune
	+ Kali – goddess of destruction